



The Compassion Quest (Paperback)

By Trystan Owain Hughes

SPCK Publishing, United Kingdom, 2013. Paperback. Condition: New. Language: English . Brand New Book. In this follow-up to his much praised Finding Hope and Meaning in Suffering, Trystan Owain Hughes encourages us to develop an approach to life that looks beyond our own concerns. Using illustrations from poetry, literature and film, and drawing on contemporary scientific thought, the author makes plain that our natural state is an interconnected harmony with God, with each other and with the world around us. Gradually we come to realize that loving others and desiring the best for them is worthwhile, even when there seems to be little in it for us. Just as Christ chose to humble himself and become God with us , so we too will bring light to the lives of those around us by transcending our self-centredness and becoming fully present to those in need. And as we begin to attune ourselves to love s frequency, our inner being will instinctively embrace all creation as sacred and deserving of our care and attention.



READ ONLINE
[8.91 MB]

Reviews

This pdf is wonderful. It really is writter in simple terms instead of hard to understand. Its been developed in an exceedingly simple way and it is just after i finished reading this ebook in which in fact modified me, alter the way in my opinion.

-- **Ollie Powlowski**

This publication is fantastic. It can be rally intriguing through looking at time. You may like the way the author compose this publication.

-- **Mr. Wilber Thiel**