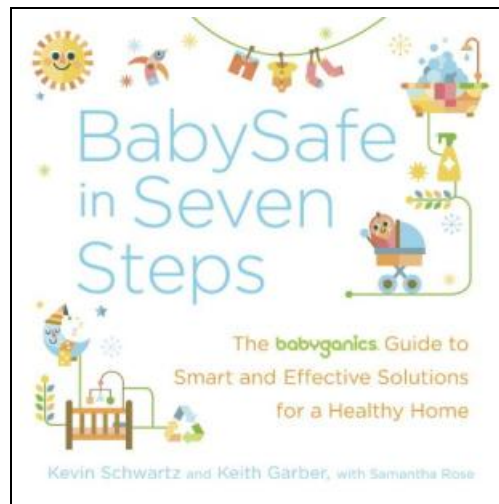


BabySafe in Seven Steps: The Babyganics Guide to Smart and Effective Solutions for a Healthy Home



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Ballantine Books, United States, 2014. Paperback. Book Condition: New. 180 x 175 mm. Language: English . Brand New Book. The founding fathers of babyganics, the much-loved brand of baby-safe household and body care products, share some surprising news: Green isn't necessarily baby-safe. But here's the good news: What's safe and good for a baby is always good for the planet. It's a simple change in perspective, and everybody wins! Now these authors have written a vital guide to creating a baby-safe home, diet, and environment that's healthy and happy for your new family. When a new baby comes home, you suddenly start paying close attention to everything he touches and everything that touches him. From cleaning your floors and countertops to giving a bath or applying sunscreen to grooming your pets--now that a baby's involved, everything raises the same simple question: How safe is it for my family? Kevin Schwartz and Keith Garber know babies. And they know safety--especially when it comes to protecting, moisturizing, nourishing, and cleaning babies. In *BabySafe in Seven Steps*, they've applied their family-tested and expert research to these seven critical categories: - **MOMMY DETOX**: How to reduce exposure to additives, preservatives, and chemicals in food and beauty products while pregnant--plus essential tips for safeguarding the nursery - **CRIB IMPROVEMENT**: Here's help in identifying toxins under the sink, in the garage, or on the patio--and how to mix your own DIY baby-safe cleaners - **PAMPERED BABIES**: Advice on selecting the best diapers, soaps, shampoos, and laundry detergent for your little one - **PLAYING SAFE**: How to avoid PVCs in toys, understand choking hazard warnings, and ensure that rattles, teething rings, and other gear are safe - **FAMILY FOOD FUN**: Helpful hints for choosing, cooking, and storing the most...



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