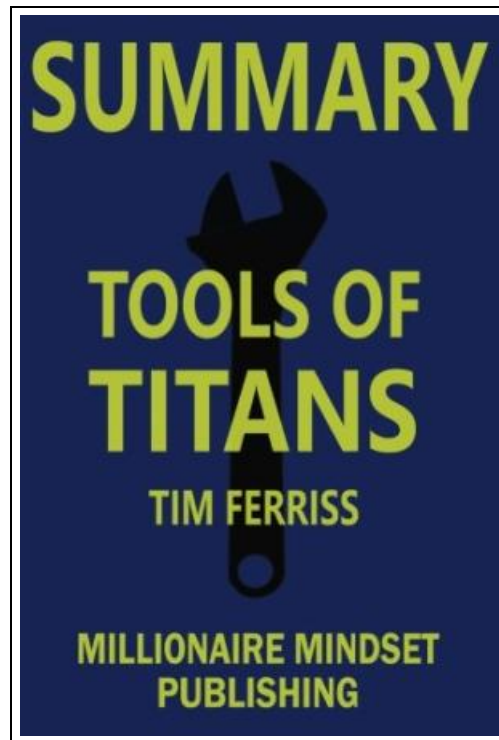


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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The #1 Best-selling Summary of Tools of Titans by Timothy Ferriss. Learn how to apply the main ideas and principles from the original book in a quick, easy read! Tim Ferriss is an angel investor and advisor to various tech start-ups such as Facebook, Twitter, and Uber, among others. But perhaps he is most popular for his podcasts that feature guests from various disciplines, covering a wide array of topics from athletics to metaphysics. His podcast The Tim Ferriss Show has been downloaded over 80 million times, dubbing Tim the title The Oprah of Audio. He has written several books prior to Tools of Titans. -The 4-Hour Workweek (2007) -The 4-Hour Body: An Uncommon Guide to Rapid Fat-Loss, Incredible Sex, and Becoming Superhuman (2010) -The 4-Hour Chef: The Simple Path to Cooking Like a Pro, Learning Anything, and Living the Good Life (2012) Tools of Titans began as Tim s personal project to summarize more than 10,000 pages of his notes. The end-result is a compendium of tips and tidbits from experts, influencers, and people who are generally considered as success stories. These are people who, like Tim, are titans or superhumans, in the sense that they have accomplished great things in their respective fields, and are driving significant changes in the world in their own ways. Contributing guests include athletic power-couple Laird Hamilton and Gabby Reece, action star turned politician Arnold Schwarzenegger, philosopher Alain de Botton, journalist Malcolm Gladwell, and AcroYoga cofounder Jason Nemer, among others. For Tim, Tools of Titans is not just a compilation of quotations, but a toolkit full of results-driven tactics and philosophies that worked for successful people and for him. He calls it a buffet of...



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