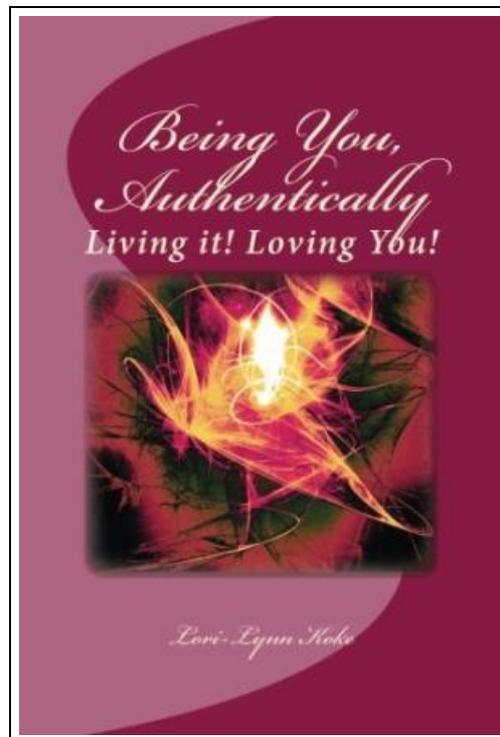


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Createspace, United States, 2013. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.A Boot Camp for My Soul! This story is my Journey back to me, my Authenticity. It has been a very personal journey, as one might expect and is a reflection of who I am and my message; that love is the single most important experience in life. I refer to it as the Boot Camp for my Soul! Each and every one of us not only deserves to discover and live their truth, it is within each and every one of us to define what that truth and happiness is to us, individually. We all have a spark or a passion to follow and this is what led me to create my Spirit Deck and write this book. So, I had exhaustively arrived at the place that sent me on a detour to re-discover who I was at the core of my being. I felt that it was time; that I needed to discover and learn the hows, to find the tools and follow my heart. I needed to do what my heart and spirit desired. Through my journey, I learned how to completely love and accept who I am, (mistakes and all) and to further believe that I am worthy and deserving of living the life that I always hoped I was capable of. The key was to begin living my life as a reflection of who I wanted to be and not who I perceived everyone wanted me to be. To break down the box that was built around me and to live outside of it, wholly and completely as me. This is my journey of insights, guidance and tools. It began as a Companion...

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