



Breakfast With Socrates: A day with the world's greatest minds (Paperback)

By Robert Rowland Smith

Profile Books Ltd, United Kingdom, 2010. Paperback. Condition: New. Main. Language: English . Brand New Book. What does it mean to be awake? What exactly is therapeutic about retail therapy? And what are you really working on when you're at your desk, in the gym, or having dinner? From getting ready in the morning, through heading to work, going to a party, having sex and falling back to sleep, Breakfast with Socrates provides an hour-by-hour commentary on what history's greatest philosophers have said about the meaning behind everything we do. A fascinating exploration of our daily lives, Breakfast with Socrates also draws on literature, art, politics and psychology to offer an informal introduction to the history of ideas that will help anyone to think more healthily. Breakfast will never be the same again.



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It is one of my personal favorite pdf. Of course, it really is playful, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

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Extensive manual! It's this type of great read through. This can be for all who state there was not a worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book.

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