



7 Keys to a Happy Life: We Have All the Keys to Open the Happy Doors. Use Them! (Paperback)

By Rosiland Bivings

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. 7 Keys To A Happy Life is meant to walk you through some of the same steps I experienced in to become a happy and fulfilled individual. I am not a psychiatrist or psychologist in any way. I share the ups and downs of life that many of you have experienced and how I handled many situations to make me a better person and resolve some of the growing pains I felt over the years and some of the life lessons that build character, confidence, determination, independence and responsibility in your life. I discovered there are seven keys questions you must answer honestly about who you are and the importance of establishing your own personal legacy in life. The stories are true and will bring laughter and sadness and joy and insight of living through those moments that require hard decisions. The exercises are to have you face the same questions and resolved the hesitation that most have to live for themselves and to make themselves happy first. Everything else falls into place after that. I hope you will...



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