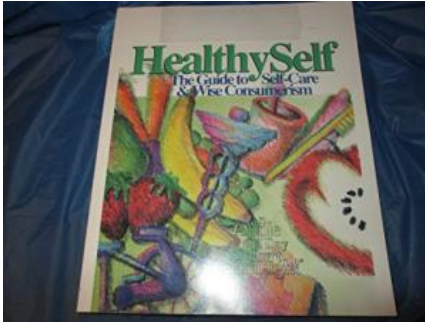


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HEALTHY SELF: THE GUIDE TO SELF-CARE & WISE CONSUMERISM



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