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Helping Someone with Mental Illness: A Compassionate Guide for Family, Friends, and Caregivers

By Rosalynn Carter

Three Rivers Press. Paperback. Book Condition: New. This item is printed on demand. Paperback. 368 pages. The first thing you need to know is that life isn't over. The good news, writes Mrs. Carter in *Helping Someone with Mental Illness*, is that with proper diagnosis and treatment, the overwhelming majority of people with mental illness can now lead productive lives. Based on Mrs. Carter's twenty-five years of advocacy and the latest data from the Rosalynn Carter Symposia for Mental Illness, her book offers step-by-step information on what to do after the diagnosis: seeking the best treatment; evaluating health-care providers; managing workplace, financial, and legal matters. Mrs. Carter addresses the latest breakthroughs in understanding, research, and treatment of schizophrenia, depression, manic depression, panic attacks, obsessive-compulsive disorder, and other mental disorders. She also discusses the emotional and psychological issues in caregiving for people with mental illness and offers concrete suggestions to help erase the prejudice and discrimination based on misinformation about mental illness. Her book is also a rich clearinghouse that guides readers to hundreds of specialized resources, including organizations, hot lines, newsletters, videos, books, websites, and more. This item ships from La Vergne, TN. Paperback.



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Reviews

Just no phrases to describe. It typically does not price an excessive amount of. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Felton Hessel

This publication is definitely not effortless to get going on looking at but really exciting to read through. It really is rally intriguing throgh looking at time period. Its been written in an remarkably straightforward way which is just soon after i finished reading through this book where basically altered me, change the way i think.

-- Erna Langosh